

SANSHINKAN MARTIAL ARTS

Class Schedule – Huda Plot No 159, Sector- 56, Gurgaon, Haryana, INDIA
 YASHPAL SINGH KALSI +91 9312877677 / ANAMIKA SINGH KALSI +91 7838282994

TIMINGS	06:30 AM	07:30 AM	08:30 AM	09:30 AM	10:30 AM		05:00 PM	06:00 PM	07:00 PM	08:00 PM
<u>Monday</u>	MMA/ KICKBOXING AMAN SAINI (PRO FIGHTER)	MMA/ KICKBOXING AMAN SAINI (PRO FIGHTER)	MMA/ KICKBOXING AMAN SAINI (PRO FIGHTER)				KARATE 8 YEARS & BELOW RAM SENSEI ANAMIKA SENSEI YASHPAL SENSEI	KARATE 8 YEARS & ABOVE RAM SENSEI ANAMIKA SENSEI YASHPAL SENSEI	MMA ADULTS SHUSHANT SENSEI	MMA ADULTS SHUSHANT SENSEI
<u>Tuesday</u>	KARATE ADULTS YASHPAL SENSEI	KICKBOXING ADULTS AJEET SENSEI					KARATE 8 YEARS & BELOW RAM SENSEI ANAMIKA SENSEI AJEET SENSEI	KARATE 8 YEARS & ABOVE RAM SENSEI AJEET SENSEI ANAMIKA SENSEI	KICKBOXING /MMA 13 YEARS ABOVE & ADULTS FRANCO RANURE	KICKBOXING /MMA 13 YEARS ABOVE & ADULTS AJEET SENSEI
<u>Wednesday</u>	MMA/ KICKBOXING AMAN SAINI (PRO FIGHTER)	MMA/ KICKBOXING AMAN SAINI (PRO FIGHTER)	MMA/ KICKBOXING AMAN SAINI (PRO FIGHTER)				KARATE 8 YEARS & BELOW RAM SENSEI ANAMIKA SENSEI YASHPAL SENSEI	KARATE 8 YEARS & ABOVE RAM SENSEI ANAMIKA SENSEI YASHPAL SENSEI	MMA ADULTS SHUSHANT SENSEI	MMA ADULTS SHUSHANT SENSEI
<u>Thursday</u>	KARATE ADULTS YASHPAL SENSEI	KICKBOXING ADULTS AJEET SENSEI					KARATE 8 YEARS & BELOW RAM SENSEI ANAMIKA SENSEI YASHPAL SENSEI	KARATE 8 YEARS & ABOVE RAM SENSEI ANAMIKA SENSEI YASHPAL SENSEI	KICKBOXING /MMA 13 YEARS ABOVE & ADULTS FRANCO RANURE	KICKBOXING /MMA 13 YEARS ABOVE & ADULTS AJEET SENSEI
<u>Friday</u>	MMA/ KICKBOXING AMAN SAINI (PRO FIGHTER)	MMA/ KICKBOXING AMAN SAINI (PRO FIGHTER)	MMA/ KICKBOXING AMAN SAINI (PRO FIGHTER)				KARATE 8 YEARS & BELOW RAM SENSEI ANAMIKA SENSEI YASHPAL SENSEI	KARATE 8 YEARS & ABOVE RAM SENSEI ANAMIKA SENSEI YASHPAL SENSEI	MMA ADULTS SHUSHANT SENSEI	MMA ADULTS SHUSHANT SENSEI
<u>Saturday</u>	KARATE ADULTS YASHPAL SENSEI	KICKBOXING ADULTS AJEET SENSEI	KARATE 8 YEARS & BELOW PARENT'S ANAMIKA SENSEI VARUN SENSEI	KARATE 8 YEARS ABOVE & ADULTS ANAMIKA SENSEI VARUN SENSEI AJEET SENSEI	KICKBOXING KIDS 8 YEARS & ABOVE FRANCO RANURE	KIDS KARATE 8 YEARS & ABOVE ANAMIKA SENSEI VARUN SENSEI AJEET SENSEI		KARATE 8 YEARS & ABOVE ANAMIKA SENSEI AJEET SENSEI	KICKBOXING/MMA 13 YEARS ABOVE & ADULTS FRANCO RANURE	KICKBOXING /MMA 13 YEARS ABOVE & ADULTS AJEET SENSEI
<u>Sunday</u>		KICKBOXING ADULTS AJEET SENSEI	KARATE 8 YEARS ABOVE ANAMIKA SENSEI VARUN SENSEI	KARATE 8 YEARS ABOVE & ADULTS ANAMIKA SENSEI VARUN SENSEI	KICKBOXING KIDS 8 YEARS & ABOVE AJEET SENSEI	BRAZILIAN JIU-JITSU SATO				

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